

ABSTRACT OF THE DISCLOSURE

A method and an apparatus for judgment of physical constitution and physical strength for a person under test are described. The apparatus comprises a first input unit, a second input unit, and an arithmetic unit. According to the present  
5 invention the first input unit enters fat mass in a trunk of the person under test. The second input unit enters fat mass in lower limbs of the person under test. The arithmetic unit calculates Proportion Age based on the data entered from said first and second input units.